



Participant Release Agreement

The Colorado Gymnastics League, a section of Colorado Sports Association and a collection of professional gymnastics agencies that work hard to ensure that each participating program and coach has participated in safety training, follows league guidelines for training and child safety, and take precautions to maintain athlete safety within their control.

- 1. Readiness to Compete:** My child will only participate in those Colorado Gymnastics League (CGL) Competitions for which she believes she is physically and psychologically prepared to compete. Prior to participation in Gymnastics events, she will have practiced her skills and routines, and will perform only those exercises which she has accomplished to the degree of confidence necessary to assure she can perform them by herself, without injury.
- 2. Medical Attention:** Consent to Medical Treatment In the event of an accident or emergency, I hereby authorize CGL and the Host Organization; its representatives, contractors, coaches and volunteers, to render first aid to myself and my child(ren) customary medical/athletic training attention. I further authorize these parties to arrange for transportation by ambulance, if deemed appropriate, of myself and child(ren) to a hospital or any other medical or dental treatment facility. Additionally, I hereby agree to be personally responsible for payment of all medical and dental expenses, including transportation, which may be incurred by myself on behalf of myself and my child(ren) as a result of any injury sustained while participating at a CGL event, including future medical and dental expenses related to such injury.
- 3. Awareness:** I am fully aware of and appreciate the risks, including the risk of catastrophic injury, paralysis, and even death, as well as other damages and losses associated with the participation in a gymnastics event. I release CGL, the Host Organization, its representatives, contractors, coaches and volunteers (collectively the "Released Parties"), from any claims, losses, or damages arising from or in any way connected occurring as a result of the negligence of any one of the Released Parties, but not including claims, losses, or damages occurring as a result of the intentional or reckless conduct of any one of the Released Parties. I further acknowledge and understand, that by participating in group activities my child may have exposure to communicable or infectious diseases.
- 4. Publications:** I am aware that individual and group photos, videos, and video streaming are taken from time to time and In consideration for myself or my child(ren)'s participation, I grant permission for our likeness to be used in CGL streaming, video and for any photos taken to be used for general promotion of the CGL and it's agencies, including on social media platforms.

***Required of any athlete who is not yet 18 years old:** As a parent or legal guardian of this athlete, I hereby verify by my signature below, that I fully understand and accept each of the conditions listed in the above agreement for permitting my child to participate in any CGL event. I release the Released Parties from any claims, losses or damages arising from or in any way connected with my child's participating in the event, including losses or damages occurring as a result of the negligence of any one of the Released Parties, but not including claims, losses or damages occurring as a result of the intentional or reckless conduct of any one of the Released Parties. Whenever possible, CGL suggests both parents/guardians sign below, and the parents/guardian(s) should keep a copy of this form.

Gymnast's Name (print) _____ Level _____ Birthdate ___ / ___ / ___

Parent/Guardian Name (print) _____ Phone _____

Parent/Guardian Signature _____ Date _____

Parent/Guardian Name (print) _____ Phone _____

Parent/Guardian Signature _____ Date _____